



**Environment, Health, & Safety
Training Program**

EHS 0116 ~ First Aid Safety

Course Syllabus

Subject Category:	First Aid Safety	Course Prerequisite:	No
Course Length:	Three (3) Hours	Medical Approval:	No
Delivery Mode:	Class	Refresher:	2 years
Schedule:	monthly		* Dress casual for skill practice

Course Purpose: This course is designed to prepare employees, particularly members of Building Emergency Teams, to take appropriate action in providing emergency first aid care to others until professional emergency responders arrive.

Course Objectives:

- Provide information on the signs and symptoms of various injuries and illnesses they might encounter in the event of a major incident where professional rescuers might be delayed.
- Provide employees with an introduction to the equipment available to them.
- Provide employees with opportunities to practice various methods of bandaging and splinting of injuries.

Course Instructional Materials:

- Video: ASHI Basic First Aid (provided by CalSafe CPR)

Vendor:

CalSafe CPR

Contact EHS Training if you have questions

Training Compliance Requirements: 8CCR 3203 & 3400

Course Handouts: Yes

Participation Evaluation: online evaluations regarding the effectiveness of the trainer, the training and the visual aids.

Written Exam: Yes

Practical Exam: No

Retraining/Recertification: Required every two years.