

# Fall Protection Harness Inspection and Fitting

Inventory tags are up-to-date; inspected within 1 year.



Position D-ring between the shoulder blades as shown.



Chest straps are loose enough to slip a flat hand through.

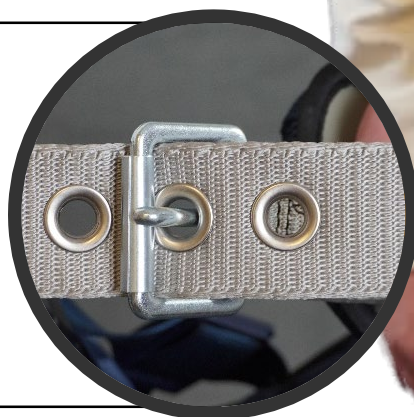


Ensure that all safety buckles function as intended and you understand their operation.

Chest strap is a thumb-and-fist below your chin as shown.



Waist belt is as tight as your normal pants.



Leg straps are loose enough to slip a flat hand through.



Ensure that all metal hardware is functional and intact—not cracked, bent, or corroded.



Straps are too loose if you can form a fist.



Verify that all webbing and stitching is intact and not frayed, torn, discolored, burned, or soiled excessively.



This is a fall event indicator. If it is torn, do not use and return to EHS immediately.