Error Precursors (short list)

Task Demands	Individual Capabilities
☐ Time pressure (in a hurry)	☐ Unfamiliarity w/task / First time
☐ High Workload (memory requirements)	☐ Lack of knowledge (mental mode)
☐ Simultaneous, multiple tasks	☐ New technique not used before
☐ Repetitive actions, monotonous	☐ Imprecise communication habits
☐ Irrecoverable acts	☐ Lack of proficiency / Inexperience
☐ Interpretation requirement	☐ Indistinct problem-solving skills
☐ Unclear goals, roles, and responsibilities	☐ "Hazardous" attitude for critical task
☐ Lack of or unclear standards	☐ Illness / Fatigue
Work Environment	Human Nature
☐ Distractions / Interruptions	☐ Stress (limits attention)
☐ Changes / Departures from routine	☐ Habit patterns
☐ Confusing displays or controls	☐ Assumptions (inaccurate mental picture)
☐ Workarounds / OOS instruments	☐ Complacency / Overconfidence
☐ Hidden system response	☐ Mindset ("tuned" to see)
☐ Unexpected equipment conditions	☐ Inaccurate risk perception (Pollyanna)
Lack of alternative indication	☐ Mental shortcuts (biases)
☐ Personality conflicts	☐ Limited short-term memory