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**Environment, Health, & Safety  
Training Program**

**EHS 0116 ~ First Aid Safety**

**Course Syllabus**

<b>Subject Category:</b>	First Aid Safety	<b>Course Prerequisite:</b>	No
<b>Course Length:</b>	Three (3) Hours	<b>Medical Approval:</b>	No
<b>Delivery Mode:</b>	Class		
<b>Schedule:</b>	monthly		* Dress casual for skill practice

**Course Purpose:** This course is designed to prepare employees, particularly members of Building Emergency Teams, to take appropriate action in providing emergency first aid care to others until professional emergency responders arrive.

**Course Objectives:**

- Provide information on the signs and symptoms of various injuries and illnesses they might encounter in the event of a major incident where professional rescuers might be delayed.
- Provide employees with an introduction to the equipment available to them.
- Provide employees with opportunities to practice various methods of bandaging and splinting of injuries.

**Course Instructional Materials:**

- Video: ASHI Basic First Aid (provided by CalSafe CPR)

**Vendor:**

CalSafe CPR  
Adam Cutter  
415-847-3709

Contact EHS Training if you have questions

**Training Compliance Requirements:** 8CCR 3203 & 3400

**Course Handouts:** Yes

**Participation Evaluation:** online evaluations regarding the effectiveness of the trainer, the training and the visual aids.

**Written Exam:** Yes

**Practical Exam:** No

**Retraining/Recertification:** Required every three (2) years.